

[Click Here for your November Training Module](#)

What is the best way to send your forms to us? Email them to forms@swhuman.org in the biggest allowable size with no compression. PDF or JPG preferred. If you are taking a picture please fill the entire screen in portrait mode. Please email with no compression. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to swhumandev@gmail.com

Dear Providers,

Re-Enrollment is Due Nov 3rd! If you haven't received your packet and you claim online you can print the packet in KidKare by going to Reports, selecting Worksheet from the first drop-down list and then selecting Enrollment Renewal Packet from the second. You can also call the office at 1-800- 369-9082 to receive another packet. Southwest hopes everyone has a safe and happy Thanksgiving! Here are your notes for November:

1) [cacfp.org](#) - Take Action for Increased Reimbursement and Elimination of Tiering in the CACFP

Take Action Now and ask your Congressional Representative and Senators to support the Child Care Nutrition Enhancement Act of 2023! The Child Care Nutrition Enhancement Act would permanently :

- increase reimbursement rates by 10 cents for all CACFP providers,
- eliminate tiering of family day care homes– all homes would receive tier I rates, and
- allow providers to claim their own children's meals for reimbursement.

Each of these provisions would improve the reimbursements received by child and adult care providers and make the program more

equitable.

[Click Here](#) to send a letter to your Senators and Representative to advocate for more equitable reimbursement in the CACFP!

2) How do I reactivate a withdrawn Child?

In KidKare you need to go to Home, then My Children then go the withdrawn section select the profile of the child you want to reactivate, then click the enrollment form link under the profile picture to reprint the enrollment form and get a new Parent signature and date. If there is no withdrawn section you can make it appear by clicking the orange filter button in the top right-hand corner. You can download and print the enrollment form by clicking the Enrollment Form link under the profile picture. Once we have that form in the office we can reactivate the child for you.

3)USDA - Crediting Tip Sheets in Child Nutrition Programs

The Crediting in the Child Nutrition Programs Tip Sheet series has been revised to reflect the changes with the Final Rule, "Child Nutrition Programs: Meal Patterns Consistent With the 2020-2025 Dietary Guidelines for Americans." The Crediting in the Child Nutrition Programs tip sheet series consists of seven tip sheets covering the five meal components: fruits, vegetables, meats/meat alternates, fluid milk, and grains (three separate tip sheets).

The revised versions introduce the menu-planning flexibilities beginning July 1, 2024 and changes that will implemented in the coming school years in a quick-reference format.

Access the entire tip sheet series today in [English](#) at or in [Spanish](#). The series will be available in print at a later date!.

2025 cacfp.org Calendar is available to Order!

This years theme is "Curiosity and the Cat". Each month highlights

CACFP meal patterns, best practices, snack suggestions as well as healthy recipes, nutrition tips, and table and physical activities. In addition to this valuable nutrition education resource, each month's calendar page has oversized squares for recording important events. The Nutrition Calendar & Record-Keeping System has additional pages each month for business recordkeeping. [Click Here](#) to order yours today! [Click Here](#) to download the Calendar Training Module.

Food Program Resources:

Visit our Website at www.swhuman.org

[Click Here](#) to connect with us on Facebook!

[Online Annual Training Module](#)

[Annual Training Packet \(Español\)](#)

[Direct Deposit Form](#)

[CACFP Crediting Handbook](#)

[CACFP Reimbursement Rates](#)

[Income Standards For Determining Program Eligibility](#)

[WIC Eligibility Information](#)

[Infant Feeding Guide](#)

[Ounce Equivalents for Grains](#)

[Ounce Equivalents for Grains \(Infants\)](#)

[Provider Handbook \(Español\)](#)

[Getting Started with KidKare](#)

[Click here for Upcoming Workshop Details](#)

Nov 7th - Farmers Branch

Nov 12th - Waco

Feb 20th - Dallas

Mar 27th - Mesquite

Latest From Cacfp.org:

The number of young children with Type 1 diabetes has increased significantly over the years, and care is especially complicated as they must rely on adult caregivers until they are old enough to understand and manage it themselves. This webinar on November 12 explores strategies for administrators, ECE professionals and school nurses. And it's free for NCA members! [Click Here](#) to register today.

Discover how to identify the health and environmental benefits of eating and serving more plant-based foods in this session at our upcoming [#CACFP](#) Menu Planning Boot Camp. Early registration is still ongoing through November 6, so save your spot today! [Click Here](#) to register.

Your hard work and dedication to the children you serve does not go unnoticed! We would like to take this [#MotivationMonday](#) to thank you for doing something that truly makes a difference in the world

New USDA Resource Alert

In April, the USDA released a Final Rule to better align meal patterns in the CACFP and SFSP with the Dietary Guidelines for Americans. This included changing the sugar limits for breakfast cereals and yogurt from total sugars to added sugars in the [#CACFP](#). While these changes do not go into effect until October 1 at the federal level, it's never too early to start preparing! Here's the first updated resource reflecting the limit of no more than 12 grams of added sugars per 6 ounces in [#CACFPCreditable](#) yogurts. [Click Here](#) to download the resource.

Fight cold season with immune-supporting nutrition and activities! Learn how to convert your child care center or family child care home into a fortress of wellness by adding delicious recipes to your menu and fun games to keep young bodies in top working order with next month's free webinar. [Click Here](#) to register!

Last Five Posts from the [Tom Copeland Blog](#):

[Can You Deduct 100% of Your Car Expenses by Adding a Business Sign on](#)

[Your Vehicle?](#)

[Understanding Expense Categories for Family Child Care Providers](#)

[Ask Civitas: September 2024 Reader Questions Answered!](#)

[Supporting Disaster-Affected Communities: A Tax Guide for Resilience](#)

[Taxing Grants: What Family Child Care Providers Need to Know](#)

Squaremeals.org:

[CACFP News](#)

[Click Here](#) for the latest CACFP Insight Newsletter from Squaremeals.org.

(Published Periodically)

Team Nutrition:

[Family Style Meal Service with Children in the CACFP](#)

[Growing a Healthier Future with the CACFP Infographic](#)

[Mealtimes With Toddlers in the CACFP](#)

[Team Nutrition Resources for Child Care](#)

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

Institute of Child Nutrition:

Virtual Training:

The Institute of Child Nutrition (ICN) offers free virtual group training on a broad range of topics for child nutrition professionals working in school nutrition and child care settings. In addition to training sessions at the Institute's headquarters at The University of Mississippi, Virtual training may be requested free-of-charge.

[Virtual Training Sessions Currently Offered](#)

Child Nutrition Recipe Box:

Your resource for USDA Standardized Recipes for Child Nutrition Programs.

[Child Nutrition Recipe Box](#)

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children. [Click here for the latest issue](#)

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

[USDA Nondiscrimination Statement](#)



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