Southwest eNews

# **Click Here for your May Training Module**

What is the best way to send your forms to us? Email them to forms@swhuman.org in the biggest allowable size with no compression. PDF or JPG preferred. If you are taking a picture please fill the entire screen in portrait mode. Please email with no compression. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to swhumandev@gmail.com

# Please let your monitors know if you will be closed for any portion of the Summer Months

#### Dear Providers,

The National CACFP Sponsors Association (NCA) is pleased to present Blake Stanford with the Lifetime Achievement Award for his outstanding vision, dedication, and commitment to the advancement of the Child and Adult Care Food Program (CACFP) community. The award was presented to Blake during the National Child Nutrition Conference held in Orlando.

For almost 40 years, Blake has served as the founder, president, and board chairman of the **Southwest Human Development Services Corporation** – growing the nonprofit sponsoring organization from 50 to 850 family child care homes across Texas.

Blake's passion and dedication to the child care community are evident, having spent more than 20 years on the Board of Directors for NCA. Throughout his 20 years of service, Blake has held various roles and has served in all officer positions, setting lofty goals to move the Association forward while encouraging growth, leadership and accomplishment for both board members and the NCA team.

"Over the years, Blake has shared his love of art with all of us. Blake, himself, is like an artist," said Lisa Mack, President & CEO of NCA.

"First, by having a vision. Then, by bringing that vision to life with passion. And always, doing all the work with heart."

Blake will tell anyone that volunteering with NCA may be one of the things he is most proud of, and his legacy will live on at the organization. Congrats Blake from the SHDS Staff!! Here are your Notes for May:

## 1) From cacfp.org - Take Action for change in the CACFP!

Supporting an additional meal in the <u>#CACFP</u> to help keep kids fuller for longer. Contact your

representatives votervoice.net/CACFP/Campaigns/108505/Respond

- Allow providers who are open for more than 8 hours in a day to be reimbursed for an additional meal (up to 3 meals and 1 snack).
- Align the calculation of reimbursement rates for family child care homes with that of centers by shifting to "food away from home."
- Allow annual eligibility for for-profit child care centers to streamline program operations.
- Require a review of the CACFP Serious Deficiency process.
- Establish an advisory committee on CACFP paperwork reduction.

Contact your representatives and Senators on to support an additional 10 cents in reimbursement for the <u>#CACFP</u>:

https://www.votervoice.net/CACFP/Campaigns/112640/Respond

- Increase reimbursement rates by 10 cents for all CACFP providers,
- Eliminate tiering of family day care homes— all homes would receive tier I rates, and
- Allow providers to claim their own children's meals for reimbursement.

# 2) From cacfp.org - WIC Food Package Final Rule

USDA released a final rule that revises regulations to align the WIC

food packages with the current Dietary Guidelines for Americans and to reflect recommendations from the National Academies of Science, Engineering, and Medicine while promoting nutrition security and equity and considering program administration.

The changes are intended to provide WIC participants with a wider variety of foods that align with the latest nutritional science; provide WIC state agencies with greater flexibility to prescribe and tailor food packages that accommodate participants' special dietary needs and personal and cultural food preferences; and address key nutritional needs to support healthy dietary patterns. This rule provides foods in amounts that are more consistent with the supplemental nature of the program; encourages fruit and vegetable consumption; and strengthens support for individual breastfeeding goals to help establish long-term breastfeeding. (Read More)

## 3) From childcare.texas.gov - FREE Business Coaching

The Texas Workforce Commission is offering <u>FREE business coaching</u> to help you get assistance with operating your business. Get free individualized guidance from a coach who knows child care. In multiple sessions with you—by phone or Zoom/Teams—your professional business coach can:

- Help you define and reach goals to increase revenue and decrease costs
- Offer best practices and tools to operate your child care business
- Create action steps to help you move forward with confidence

# We have a few 2024 cacfp.org Calendars left!

This years theme is "Exploring our National Parks". Each month highlights CACFP meal patterns, best practices, snack suggestions as well as healthy recipes, nutrition tips, and table and physical activities. In addition to this valuable nutrition education resource, each month's calendar page has oversized squares for recording important events. The Nutrition Calendar & Record-Keeping System has additional

pages each month for business recordkeeping. <u>Click Here</u> to order yours today!

## **Food Program Resources:**

Visit our Website at www.swhuman.org

**Click Here to connect with us on Facebook!** 

Online Annual Training Module

Annual Training Packet (Español)

**Direct Deposit Form** 

**CACFP Crediting Handbook** 

**CACFP Reimbursement Rates** 

Income Standards For Determining Program Eligibility

WIC Eligibility Information

Infant Feeding Guide Order Form or Click Here to view PDF.

Ounce Equivalents for Grains

Ounce Equivalents for Grains (Infants)

Provider Handbook (Español)

Getting Started with KidKare

# **Click here for Upcoming Workshops**

No Upcoming Workshops

# **Latest From** Cacfp.org:

If you're looking for a daily meal count and attendance record form, we've got you covered! Head over to <a href="mailto:cacfp.org/cacfp-templates">cacfp.org/cacfp-templates</a> and you can download your template for centers, family day care homes, at-risk afterschool, emergency shelters or outside school hours care centers.

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Make your own granola with Snuffy's Snack recipe! You'll only need five ingredients that you can throw together in a pinch.

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Food labels have a lot of information in a small space, and can be difficult to navigate. Download this resource in English and Spanish to help better understand food labels:

https://www.cacfp.org/.../Understanding+Food+Labels+EN.../

# Last Five Posts from the Tom Copeland Blog:

New Mexico Child Care Business Owners: Join Us for a Stress-Free

Financial Recordkeeping Webinar!

5 Tech Tools to Streamline Your Child Care Business

Ask Civitas: Pre-tax Deadline Edition!

Navigating Financial Challenges: Key Strategies for Childcare

<u>Businesses</u>

Ask Civitas: March 2024 Reader Questions Answered!

# Squaremeals.org:

**CACFP News** 

COVID-19 Page on SquareMeals.org Retired

<u>Click Here</u> for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

#### **Team Nutrition:**

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

Family Style Meal Service with Children in the CACFP
Growing a Healthier Future with the CACFP Infographic
Mealtimes With Toddlers in the CACFP

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Team Nutrition Resources for Child Care

### **Institute of Child Nutrition:**

#### **Mealtime Memo:**

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

#### Click here for the latest issue

#### **Virtual Training:**

The *Institute of Child Nutrition (ICN)* offers free virtual group training on a broad range of topics for child nutrition professionals working in school nutrition and child care settings. In addition to training sessions at the Institute's headquarters at The University of Mississippi, Virtual training may be requested free-of-charge.

#### Virtual Training Sessions Currently Offered

#### **Child Nutrition Recipe Box:**

Your resource for USDA Standardized Recipes for Child Nutrition Programs.

#### **Child Nutrition Recipe Box**

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

#### **USDA Nondiscrimination Statement**

#### Southwest eNews





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