Southwest eNews

Click Here for your June Training Module

What is the best way to send your forms to us? Email them to forms@swhuman.org in the biggest allowable size with no compression. PDF or JPG preferred. If you are taking a picture please fill the entire screen in portrait mode. Please email with no compression. Make sure you write your Name and Provider ID# on all Medical Statements sent to the office. If you email forms to us you don't need to mail them as well. If you use a yahoo, att or aol email address please send all correspondence and forms to swhumandev@gmail.com

Please let your monitors know if you will be closed for any portion of the Summer Months. <u>Click Here</u> for our Contact Us page.

Dear Providers,

We hope everyone had a Happy Memorial Day! It's almost June and that means we need to start wrapping up the <u>Annual Training!</u> Get yours submitted to the Austin office as soon as you can. Are you on vacation this summer? Let your monitor know or email us at info@swhuman.org with your closure dates! Reminder: We provide a blanket exemption for all kids during summer vacation so there's no need to note school excuses for June - August claims. We are also completely out of 2024 calendars. Here are your notes for June:

1) Is the School Data correct for your Daycare Kids?

During Covid we set a lot of Kids as "No School" (or "Homeschooled") to better reflect the reality of the pandemic but now with school back and children no longer remote learning having Kids set as "No School" will count them as Preschool and may result in Over Capacity errors where none exist. For example if a 5 or 6 year old is still set as "No School" the program will consider them Preschool for Licensing Capacity. Please Review all your kids and make sure their information is correct in KidKare by going to My Children, Selecting the child and clicking Edit on School Details to update it.

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2) From cacfp.org - Updates to Nutrition Requirements in CACFP & SFSP

The USDA recently released a Final Rule to better aligns meal patterns in the CACFP, SFSP, and School Meals with the Dietary Guidelines for Americans. Changes that Impact CACFP include:

- Changing limits for breakfast cereals and yogurt from total sugars to added sugars.
- Allowing vegetables to be substituted for grains in programs that primarily serve American Indian or Alaska Native children, as well as in Guam and Hawaii.
- Allowing nuts and seeds to credit for the full meats/meat alternates component.

Hear from USDA Food and Nutrition Services on the updates to CACFP and SFSP meal patterns in our on-demand <u>webinar</u>. To read the full article Click Here.

3) From childcare.gov - Texas: Resources for Families

There is a lot to learn when you have a young child — like how to choose and find safe child care, figure out what financial assistance and support programs may be able to help you, how you can support your child's growth and development, and more. It can be hard and take a lot of time to find all of this information on your own.

ChildCare.gov pulls together the resources you need where you live — <u>all in one place</u>.

Food Program Resources:

Visit our Website at www.swhuman.org
Click Here to connect with us on Facebook!

Online Annual Training Module

Annual Training Packet (Español)

Direct Deposit Form

CACFP Crediting Handbook

CACFP Reimbursement Rates

Income Standards For Determining Program Eligibility

WIC Eligibility Information

Infant Feeding Guide Order Form or Click Here to view PDF.

Ounce Equivalents for Grains

Ounce Equivalents for Grains (Infants)

Provider Handbook (Español)

Getting Started with KidKare

Click here for Upcoming Workshops

No Upcoming Workshops

Latest From Cacfp.org:

Ready to take your business and personal brand to the next level? By positioning yourself as a subject matter expert, you're not only boosting your personal brand but also elevating your organization. Discover actionable steps to kickstart your journey or level up your current marketing strategies.

Date: Thursday, May 30

Time: 2:00 pm EDT

Earn 0.5 CEUs for attending live!

FREE for members, \$12 for non-members

Don't miss out—register now and unleash your potential! Link to event registration: https://nationalcacfpsponsorsassociation.growthzoneapp.co...

Happy Eat More Fruits and Vegetables Day!

Let's celebrate by nurturing healthy habits in the <u>#CACFP</u> community! Did you know that introducing veggies early can shape a child's lifelong preferences? Here's a resource from our friends at <u>Partnership for a Healthier America</u> with tips and tricks on how to make veggies exciting.

https://www.cacfp.org/.../get-kids-eating-veggies-early.../

<u>#CACFPCreditable</u> <u>#EatMoreFruitsAndVeggies</u> <u>#HealthyHabits</u> <u>#ChildNutrition</u>

#CACFP Meal Pattern Reminder!

Did you know that meats and meat alternates not listed in the Food Buying Guide need proper documentation for your Child Nutrition Program? That's right! To ensure compliance and safety, always look for a CN Label or Product Formulation Statement (PFS).

Link to CN Label Cheat Sheet:

https://www.cacfp.org/.../Understanding+Food+Labels+EN.../

Calling all CACFP heroes! Together with our friends at the USDA Food and Nutrition Service, and MyPlate, we've helped curate a treasure trove of FREE resources just for you, our CACFP heroes! Dive into a wealth of guides, materials, and resources designed to help support you in your CACFP program. Start downloading today at the link! Attacher.

Craving something fresh, flavorful, and #CACFPCreditable? Look no further than our mouthwatering Spring Rolls recipe! Packed with crisp veggies and lean proteins, and bursting with vibrant flavors, these rolls are a delicious way to enjoy a nutritious snack. To make these part of a creditable lunch or supper, serve alongside 1/4 cup fruit, 1 oz meat/meat alternate, and 3/4 cup milk. Ready to roll? Check out this recipe and more on our website and tag us in your culinary creations! Let's get cooking!

Last Five Posts from the Tom Copeland Blog:

Choosing the Best Bank for Your Family Child Care Business

Getting the Most Out of the Food Program on Your Taxes

Ask Civitas: May 2024 Reader Questions Answered!

New Mexico Child Care Business Owners: Join Us for a Stress-Free

Financial Recordkeeping Webinar!

5 Tech Tools to Streamline Your Child Care Business

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Squaremeals.org:

CACFP News

COVID-19 Page on SquareMeals.org - Retired

<u>Click Here</u> for the latest CACFP Insight Newsletter from Squaremeals.org. (Published Periodically)

Team Nutrition:

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the child nutrition programs through training and technical assistance for food service, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

Family Style Meal Service with Children in the CACFP
Growing a Healthier Future with the CACFP Infographic
Mealtimes With Toddlers in the CACFP

Team Nutrition Resources for Child Care

Institute of Child Nutrition:

Mealtime Memo:

Mealtime Memo for Child Care offers information for child care providers participating in the Child and Adult Care Food Program, focused on good nutrition for young children.

Click here for the latest issue

Virtual Training:

The *Institute of Child Nutrition (ICN)* offers free virtual group training on a broad range of topics for child nutrition professionals working in school nutrition and child care settings. In addition to training sessions at the Institute's headquarters at The University of Mississippi, Virtual training may be requested free-of-charge.

Virtual Training Sessions Currently Offered

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Child Nutrition Recipe Box:

Your resource for USDA Standardized Recipes for Child Nutrition Programs.

Child Nutrition Recipe Box

Our email campaign is designed to help keep our providers up to date with any news, changes or any unforeseen payment delays. If your email changes please send us the update at emailupdate@swhuman.org.

USDA Nondiscrimination Statement





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